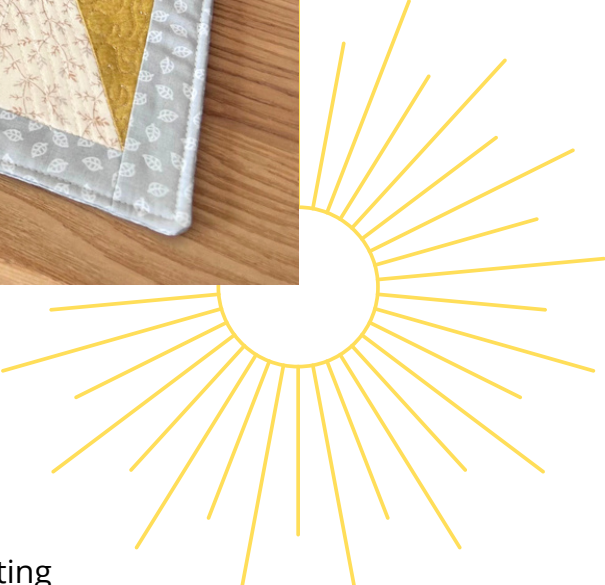




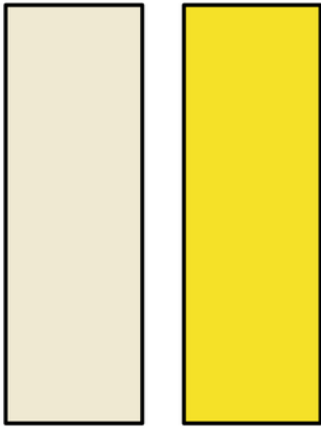
# Sweetie Mat

Size: approx. 16" x 11.5"



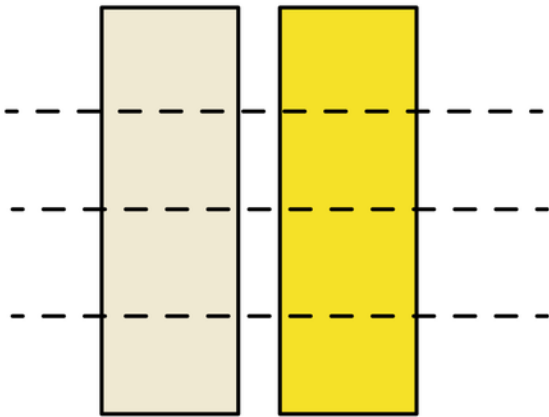
Requirements:  
2 fat quarters  
Wadding  
Backing fabric  
Matching thread  
Contrasting thread for quilting

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Edited by Kathryn Morgan

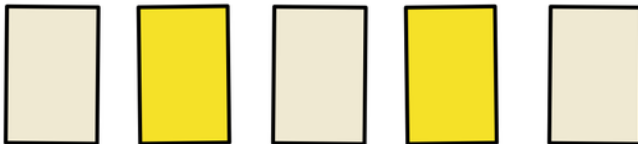


1. Cut 2 strips, 6" wide from the light colour fat quarter.  
Cut 1 strip, 6" wide from the darker coloured fat quarter.

Cut the shortest edges for economy.

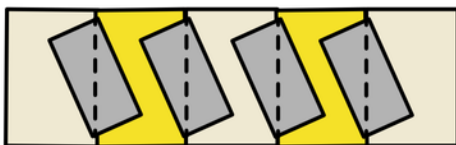


2. Cut each 6" strip into sub cuts of 3.75"



3. Sew together as shown, 5 pieces: 3 light and 2 dark.

You will need 2 sets of these pieced strips.



A

4. Press the seams open and flat.

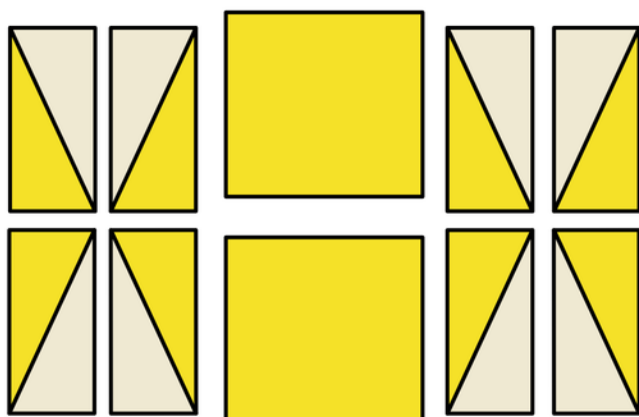
Place the template as shown, and cut.  
You will need 4 of A pieces and 4 of B pieces.



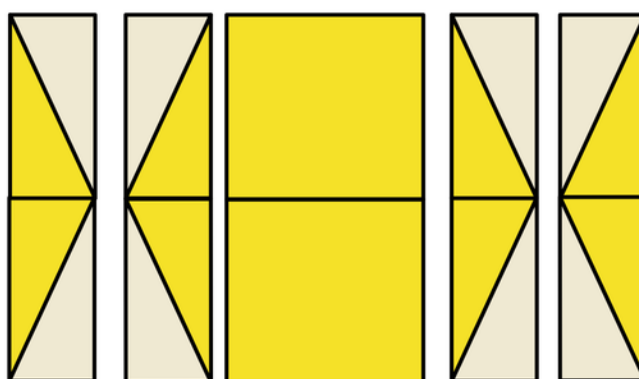
B



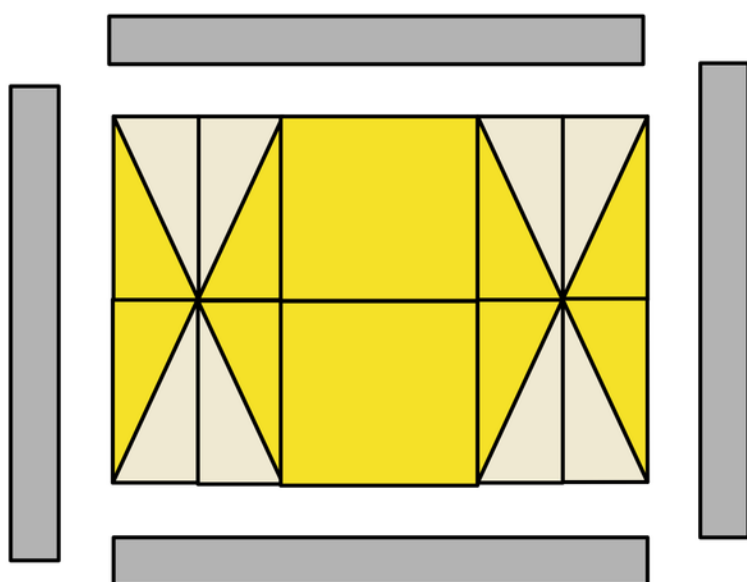
5. Cut 2 x 5" squares from the dark fabric



6. This is the layout for the Sweetie Mat. Place your pieces as shown.



7. Sew together the first pair, then follow the diagram.



8. Once the patchwork is all stitched, prepare and add the borders.

Cut 1 each of top and bottom borders, 14" x 1.5"

Cut 2 side borders, 11.5" x 1.5"

Add the top and bottom borders first, then add the sides.



9. Add wadding/batting to the back of the mat and prepare for quilting. You could echo quilt or crosshatch.

I chose Stipple free motion quilting for the sweetie shape and regular echo quilting for the light triangles.



10. I echo quilted just the light triangles, with a space of 1/4" between the quilting lines.



11. I then moved onto stipple quilting just for the sweetie, so it stood out.





12. Place the mat and backing right sides together. Sew all round, leaving a turning gap in one short side.

Turn through and press well.



13. Make sure the turning gap is pressed well, then slip stitch closed or glue.

Top stitch 1/8" round all four sides.



14. Press well.

You have made your first Sweetie Mat, now make another!

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